



Summative quiz and evaluation



AGE **Level 3**
Years 5 & 6

Length of lesson
60 minutes

Learning style
Independent

Resources

- + Activity Sheet 10.1 – What do you know about active travel?
- + Activity Sheet 10.2 – Self-evaluation
- + Online teacher evaluation
- + Student certificates

WALT

Understand and remember that safe, active travel benefits both our personal health/wellbeing, as well as our environment. We can share this knowledge with others to help keep them safe and healthy too (Taha hinengaro, Taha tinana, Taha whānau).

Learning Outcomes

Students will:

- + Complete a summative quiz about the benefits of safe, active travel;
- + Reflect on the Ready Steady Go! programme and identify personal strengths and areas for development;
- + Set realistic goals for future active journeys to and from school.

Vocabulary

Summative quiz, self-evaluation

Online teacher evaluation

Your feedback is important to us. Go to the [Ready, Steady, Go! homepage](#) to complete the short teacher evaluation form.

Lesson Plan 10

Summative quiz and evaluation



Learning Activities

1. Provide students with **Activity Sheet 10.1 – What do you know about active travel?** quiz and **Activity Sheet 10.2 – Self-evaluation**. Students work independently to complete the quiz and self-evaluation. It should take about 30 minutes to complete.
2. Afterwards, guide a class discussion about the Ready Steady Go! programme. What activities did the students enjoy? What did they find difficult? What is something the students found interesting that they didn't know before? What did they like about sharing their knowledge with the junior students?
3. Ask each student to share with the class their individual goals for future active school journeys.
4. Complete and award the students with a Travelwise certificate for taking part in the Ready Steady Go! programme.

Quiz Answers

1. Walking, cycling, scootering, skateboarding, roller skating
2. Bus, train, ferry, tram
3. Leave, helmet, stopped, either, walk, road, look, reversing, stop, driver
4. B, D, F, H
5. A, C, F, H
6. B, D, F, H
7. Beats Per Minute
8. Oxygen
9. See image on **Activity Sheet 4.2 – Your muscles**
10. C
11. B
12. C



Extra activity

Students create a graffiti-style wall of their personal goals for future active school journeys. This could be done on large poster paper.