



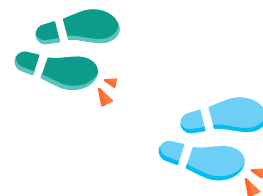
### Activity 2.1 – My travel goal and travel log



1 How far is it from your house to school?

(you can use Google Maps [www.google.com/maps](http://www.google.com/maps) or another method)

The distance from my house to school is ..... km.



2 How many times do you aim to walk/cycle/scooter to and from school each week?

I aim to walk/cycle/scooter  
**TO** school .....  
trips per week

I aim to walk/cycle/scooter  
**FROM** school .....  
trips per week

Total number of trips per week  
.....

3 How far are you travelling each week?

The distance from my  
house to school is  
..... km

Total number of trips to and  
from school per week is  
..... trips

Total distance per week  
.....

4 How far are you travelling this term?

**TOTAL** distance per week  
.....

x

..... **weeks**\*

=

**TOTAL** distance for the term  
.....

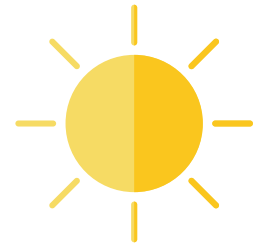
\* This is the number of weeks left this term.



**5 Goal setting**

Each week I aim to walk/cycle/scooter a total of ..... km

This term I aim to walk/cycle/scooter a total of ..... km



**Parent/caregiver permission**

Show your parents/caregivers your goals and discuss the class challenge.

Ask your parents/caregivers to sign off your goals so that you can take part in the challenge.

They will need to check and sign your travel log at the end of each week.

Parent/caregiver signature .....

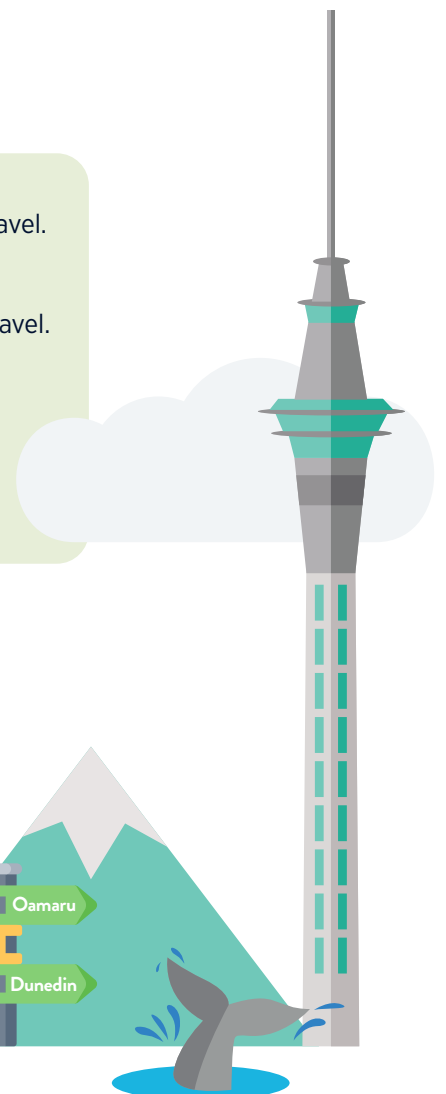
**6 Class goal setting**

Each week our class aims to achieve a total of ..... km of active travel.

This term our class aims to achieve a total of ..... km of active travel.

By the end of the term our class aims to reach the destination of

..... on the challenge map of NZ.



# My travel log



		Monday	Tuesday	Wednesday	Thursday	Friday	Weekly TOTAL km	Parent/caregiver initials
WEEK 1	km to school							
	km from school							
	TOTAL km							
WEEK 2	km to school							
	km from school							
	TOTAL km							
WEEK 3	km to school							
	km from school							
	TOTAL km							
WEEK 4	km to school							
	km from school							
	TOTAL km							
WEEK 5	km to school							
	km from school							
	TOTAL km							
WEEK 6	km to school							
	km from school							
	TOTAL km							
WEEK 7	km to school							
	km from school							
	TOTAL km							
WEEK 8	km to school							
	km from school							
	TOTAL km							
WEEK 9	km to school							
	km from school							
	TOTAL km							

+ This term I walked/cycled/scootered ..... km

+ This term our class achieved ..... km of active travel

+ We reached .....

